

# Check Point

**Instructions: Read the question then click the mouse on your answer. You will receive immediate feedback on your answer.**

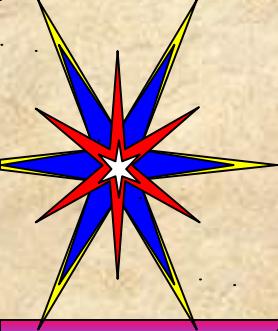
**Click on the next button to continue.**

**The definition of prevention is: A proactive process which empowers individuals and systems to meet the challenges of life events and transitions by creating and reinforcing conditions that promote healthy behaviors**

**an**

**TRUE**

**FALSE**



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**Prevention intervention aimed at all soldiers on Fort Bragg would be an example of the installation using which type of prevention?**

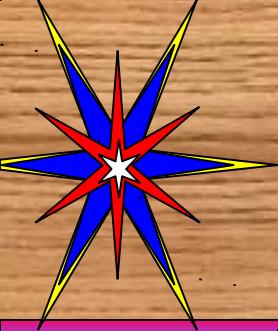
Indicated

Universal

Selective

Secondary

**NEXT**



# Check Point

**Instructions: Read the question then click the mouse on your answer. You will receive immediate feedback on your answer.**

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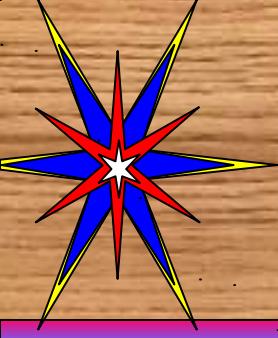
**Which of the following are considered High-Risk Behaviors?**

**Spouse abuse**

**Drug offenses**

**STDs**

**ALL listed here**

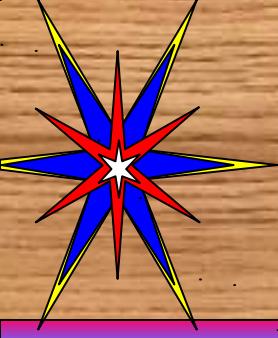


# Check Point

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That is  
**CORRECT**, Great  
Job!!!

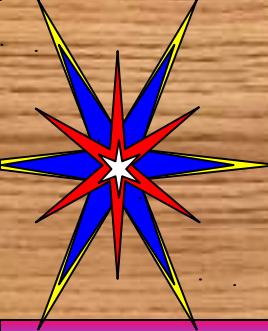




# Check Point

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Sorry, but you are  
incorrect.

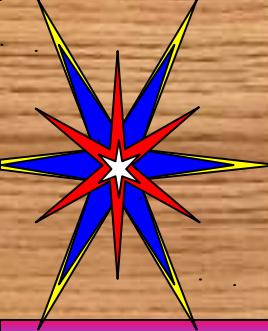


# Definition

## Prevention

- A proactive process which empowers individuals and systems to meet the challenges of life events and transitions by creating and reinforcing conditions that promote healthy behaviors and lifestyles.\*
- Alcohol and other drug abuse prevention includes all measures to deter and reduce the abuse or misuse of alcohol and other drugs to the lowest possible level (AR 600-85).

\*U.S. Health and Human Services, Center for Substance Abuse Prevention



# Model of Prevention

- **Universal Prevention:** Interventions that are targeted to the entire population. Your “population” includes all Soldiers in your particular unit. This is the type of prevention you will most likely use in your Unit Prevention Plan. Strategies include:
  - The required four (4) hours of substance abuse awareness education for all Soldiers.
  - Media and public awareness campaigns associated with national efforts like Red Ribbon Week.
  - Posters, pamphlets and bulletin boards
  - Random drug and alcohol testing - Drug testing is a deterrence measure and is for all Soldiers, therefore it is universal prevention.

# RRP Shot Group

